TROUSDALE COUNTY SENIOR CENTER

JANUARY 2016 CALENDAR

270 MARLENE STREET - HARTSVILLE, TN 37074

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FUNDED BY: HARTSVILLE/TROUSDALE COUNTY GOVERNMENT AND THE GREATER NASHVILLE REGIONAL COUNCIL AREA AGENCY AND DISABILITY

SPECIAL THANK YOU'S

CITIZENS BANK * BIRTHDAY DINNER * OLD TIME EXPRESS * BINGO
SUNCREST * BLOOD PRESSURE CHECK * TROUSDALE BANK & TRUST * BIRTHDAY CAKE
HARTSVILLE PRINTING * NEWSLETTER SUPPLIES * COMPREHENSIVE CARE - BLOOD PRESSURE CHECK
EARLY BIRD CAFE - CURRENT EVENTS LUNCH * TMC - BIRTHDAY DINNER

DEAR HARTSVILLE SENIORS:

Happy New Year!

MONDAY, JAN4TH* 8:30 EARLY BIRD CAFE' - 10:00 KNITTING -11:00 BINGO BY GENTIVA

TUESDAY, JAN 5TH * 10:00 FAMILY FEUD

THURSDAY, JAN 7TH * 9:00 RIVERGATE MALL - LUNCH AT CHILI'S

MONDAY, JAN 11TH * 10:00 CRAFTS - 10:00 KNITTING - 12:00 BINGO BY OTE

TUESDAY, JAN 12TH *10:00 TRIVIA & WII BOWLING

THURSDAY, JAN 14TH * 10:00 CRACKER BARREL - BOWLING

TUESDAY, JAN 19TH * 10:00 FAMILY FEUD - 12:00 CRAFTS

THURSDAY, JAN 21ST * 9:00 SHOP AT GOODWILL, HELP CENTER, HABITAT & LUNCH

MONDAY, JAN 25TH * 10:00 KNITTING - 11:00 MYSTERY LUNCH

TUESDAY, JAN 26TH * 10:00 TRIVIA - 12:00 CURRENT EVENTS

THURSDAY, JAN 28TH * 12:00 BIRTHDAY DINNER

CENTER CLOSED:

FRIDAY, JANUARY 1ST AND MONDAY, JANUARY 18TH

REMINDERS!!!! - WII BOWLING, 2ND AND 4TH TUESDAY * BINGO, 2ND MONDAY ZUMBA, MONDAYS * YOGA, TUESDAY & FRIDAYS * CLASSIC CLASS, TUESDAYS AND FRIDAYS * LINE DANCING, WEDNESDAYS * ROOK, WEDNESDAYS & FRIDAYS BIBLE STUDY, WEDNESDAYS

HEALTHWAYS "SILVER SNEAKERS" EXERCISE IS THE MSROM FITNESS PROGRAM



JANUARY BIRTHDAYS

Betty Briley - Jan 1st

Henry Case - Jan 2nd

Dana Hassler - Jan 21st

Goldie Miller - Jan 22nd

Pat Langford - Jan 24th

Rosie Valentine - Jan 25th



Betty Carr - Magazines Golder Miller Crock Pots Sandy Ford - Bingo Prize Betty Scott - Drinks

